Spring Menu March, April and May

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Rice cake and pear slices	Breadstick and pineapple cubes	Buttered fruit bread and orange segments	Oat cake and slices of apple	Melba Toast and melon
Main	Spring vegetable and lentil cottage pie with broccoli	Thai chicken curry with rice and poppadum's	Spaghetti with a smoked salmon, crème fraiche sauce and sweetcorn	Beef lasagne with garlic bread and a green salad	Creamy turkey and leek pastry topped pie, new potatoes and green beans
Dessert	Semolina and fruit coulis	Apple crumble and evaporated milk	Fruit salad with cranberry juice	Rice pudding with apricots	Peaches and custard
Afternoon Snack	Oat cake and banana slices	Ginger biscuit with slices of apple	Rice cake and watermelon	Multigrain cracker and orange segments	Buttered crackers with soft cheese and pear slices
High Tea	Chicken salad and cheese salad wraps with vegetable sticks	Jacket potatoes with tuna mayo and mixed salad	Homemade pea and ham soup with bread and butter	Cheesy beans on toast	Mini beef patties with wedges and homemade coleslaw
Dessert	Peach crumble with cream	Fruit coulis and ice cream	Very berry jelly	Fruit Yogurt	Fresh fruit salad