

Spring Menu
March, April and May

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Bread stick and banana slices	Oat cake and watermelon	Rice cake and pineapple	Buttered cracker and cheese spread with pear slices	Fruit loaf and sliced apple
Main	Pork and apple casserole with mini roast potatoes, broccoli and red cabbage	Homemade fish and spinach pie with mix potato topping, cauliflower and green beans	Sweet and sour chicken with egg fried rice and stir fried vegetables	Bacon and chilli pasta with mixed salad, and garlic bread	Homemade macaroni cheese with peas and sweetcorn
Dessert	Rice pudding with sultanas	Stewed fruit with vanilla sauce	Fresh fruit salad with cranberry juice	Carrot cake and custard	Peaches and natural yogurt
Afternoon Snack	Rice cake with apple slices	Fruit loaf and pear slices	Marmite cracker with melon	Breadsticks and orange segments	Oat cake with pineapple
High Tea	Jacket potatoes topped with Savory mince	Various filled sandwiches with vegetable sticks	Tomato and basil soup with crusty bread	Homemade pitta pizzas with vegetable sticks	Mini Ploughman's
Dessert	Peaches with mixed berry sauce	Pineapple and ice-cream	Fruit Jelly	Natural yogurt and fruit coulis	Fruit crumble with evaporated milk